



SAINT LOUIS UNIVERSITY

SLU Annual Medicare Wellness Visit

Nursing Home _____

Name _____ DOB ___/___/___ Date ___/___/___

Vital Signs: Ht ___ Wt ___ B/P ___/___/___ Pulse ___ RR ___

Vaccinations:

| | | | |
|--------------|-------------------|---------------|-------------------|
| | <u>Date</u> | | <u>Date</u> |
| Influenza | Y / N ___/___/___ | Hepatitis B | Y / N ___/___/___ |
| Pneumococcus | Y / N ___/___/___ | Herpes Zoster | Y / N ___/___/___ |
| Pevnar | Y / N ___/___/___ | PPD | Y / N ___/___/___ |
| Tetanus | Y / N ___/___/___ | | |

Date

| | |
|---------------|-------------------|
| Hepatitis B | Y / N ___/___/___ |
| Herpes Zoster | Y / N ___/___/___ |
| PPD | Y / N ___/___/___ |

Active Diseases:

- _____
- _____
- _____
- _____
- _____
- _____
- _____

Medications:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

PHQ 9 _____ Hearing Impaired Y/ N
 FRAIL _____ Cerumen impacted Y / N
 FRAIL NH _____ Vision Impaired Y / N
 Pain Score _____ Falls Y / N
 SARC-F _____ Smoking Y/N
 SNAQ _____ Weight Loss Y/N
 RCS _____ Advance Directive Y / N

A Scale to Identify Frailty in the Nursing Home - FRAIL NH Scale

| | 0 | 1 | 2 |
|----------------------|----------------------|----------------------|---------------|
| Fatigue | No | Yes | PHQ-9 |
| Resistance(Transfer) | Independent Transfer | Set Up | Physical Help |
| Ambulation | Independent | Assistive Device | Not Able |
| Incontinence | None | Bladder | Bowel |
| Loss of Weight | None | | |
| Nutritional Approach | Regular Diet | Mechanically Altered | Feeding Tube |
| Help with Dressing | Independent | Set Up | Physical Help |
| Total | | | 0-14 |

Assessment: Patient had annual wellness visit. Agree with findings. Pt is cognitively intact / impaired, not frail, not falling, not disabled. Pt and/or family counseled.

Recommendations: _____

Signature _____

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